

# Nature Letters from Asahidake & Tenninkyō

Informations of Mt. Asahidake area and Tenninkyō provided by Asahidake Nature Keepers every week.

## Sugatami

The whole Trail(1.7km) takes about an hour

The heat of summer is easing, and the season is gradually changing into autumn. We recommend you take an extra layer of clothing just in case of chilly temperatures. Ezo Oyamarindou is blooming like a river and is very beautiful. Chinguruma has started to change color slightly. As we enter September, the autumn colors will progress even more as the minimum temperature drops to single digits and the temperature difference between morning and evening becomes more extreme!



Mt.Asahidake and Kagami pond



Ezo-oyamarindou  
(*Gentiana triflora* var. *japonica* f. *montana*)

### Alpine plants in Sugatami

Urajironanakamado  
(*Sorbus matsumurana*)

Cowberry  
(*Vaccinium vitis-idaea*)

Fluff of Aleutian avens

### We recommend you to bring :

※ Highly recommended to take rain wear, to be prepared for sudden change of the weather on the mountain.

Sunglasses

Hat

Trekking poles

Water

Jackets

Rain Boots

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## Asahidake Onsen

Trails · Alpine plant botanical garden · Onsen · Campsite

The season to enjoy tree nuts and fruits has arrived in the Asahidake Onsen resort area as well. The fruits of maple trees are wind-dispersed seeds and are shaped like propellers.



Minekaede (seeds)  
(*Acer tschonoskii*)

<Asahidake Youth Campground> Check-out time is now 10:00 AM. If you leave your tent for a hike, or if all your packing up will be completed after 10:00 AM, a day-use fee will be charged.

## Tenninkyō

Hagoromo waterfall · Columnar joint · Foot bath · Onsen

- The path way to Hagoromo waterhall in Tenninkyō will be closed in 2024, due to demolition of the abandoned buildings.
- The trailheads to Takimidai and Kaundake are available.
- Tennyō footbaths are also available.
- Please also use the day spa at Shikishimasō.



Tennyō Footbath



Shikishimasō and Chuubetu river

Informations of Ropeway

