

Nature Letters from Asahidake & Tenninkyō

Informations of Mt. Asahidake area and Tenninkyō provided by Asahidake Nature Keepers every week.

Sugatami

The whole Trail(1.7km) takes about an hour

We have fewer sunny days at Mt. Asahidake this year. Many days are foggy and cloudy, and it can be bad conditions for hikers. However, it makes flowers vibrant and we're more likely to meet animals and birds in those conditions. We can enjoy Mt. Asahidake in both good and bad weather. we are looking forward for your visit.

Alpine plants in Sugatami



Haiotogiri
(Hypericum kamtschaticum)



Takanenigana
(Ixeris dentata subsp.alpicola)



Ezo-oyamarindou
(Gentiana triflora var.japonica f.montana)

We recommend you to bring :

※ Highly recommended to take rain wear, to be prepared for sudden change of the weather on the mountain.



Sunglasses



Hat



Trekking poles



Water



Jackets



Rain Boots



Siberian Rubythroat



Hazy Mt.Asahidke

Asahidake Onsen

Trails · Alpine plant botanical garden · Onsen · Campsite



Asahidake Youth Campsite

Tenninkyō

Hagoromo waterfall · Columnar joint · Foot bath · Onsen

- The path way to Hagoromo waterhall in Tenninkyō will be closed in 2024, due to demolition of the abandoned buildings.
- The trailheads to Takimidai and Kaundake are available.
- Tennyō footbaths are also available.
- Please also use the day spa at Shikishimasō.



Tennyo Footbath



Shikishimasou and chuubetu river

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Informations of Ropeway



Asahidake ropeway



Daisetsuzan Nature School