

Nature Letters from Asahidake & Tenninkyō

Informations of Mt. Asahidake area and Tenninkyō provided by Asahidake Nature Keepers every week.

Sugatami

The whole Trail(1.7km) takes about an hour

You can see a lot of Aleutian avens (fluff) and *Solidago virgaurea* subsp. *leiocarpa*. It seems like alpine flowers are blooming earlier than usual. Although the temperature is lower than in town, direct sunlight is very strong. Please come prepared to avoid heatstroke.



Miyamaakinokirinsou (*Solidago virgaurea* ssp. *leiocarpa*) and Mangetunuma

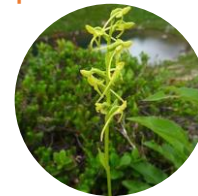


Aleutian avens (fluff)

Alpine plants in Sugatami



Iwabukuro
(*Pennellianthus frutescens*)



Hosobanokisochidori
(*Platanthera tipuloides*)



Miyamarindou
(*Gentiana nipponica*)

We recommend you to bring :

※ Highly recommended to take rain wear, to be prepared for sudden change of the weather on the mountain.



Sunglasses



Hat



Trekking poles



Water



Jackets



Rain Boots

Follow us on social media!



Instagram



Twitter



Facebook

Asahidake Onsen

Trails · Alpine plant botanical garden · Onsen · Campsite

Flowers in Yukomanbetsu Wetland often have a yellow color. But this flower has pale whitish flowers. It is called "Usukitsurifune".

References

『新北海道の花』 梅沢俊 著



Kiturifune (*Impatiens noli-tangere* L)

Tenninkyō

Hagoromo waterfall · Columnar joint · Foot bath · Onsen

The path way to Hagoromo waterhall in Tenninkyō will be closed in 2024, due to demolition of the abandoned buildings.

The trailheads to Takimidai and Kaundake are available. Tennyō footbaths are also available.

Please also use the day spa at Shikishimasō.



Tennyō Footbath



Shikishimasō and chuubetu river

Informations of Ropeway



Asahidake ropeway



Daisetsuzan Nature School