

Nature Letters from Asahidake & Tenninkyō

Informations of Mt. Asahidake area and Tenninkyō provided by Asahidake Nature Keepers every week.

Sugatami

The whole Trail(1.7km) takes about an hour

The seasons have progressed from spring into early summer, with the yellow rhododendrons and the flowers of the Aleuticum. Aleuticum flower is now changing into fluff and entire Sugatami garden will be filled with it soon. We look forward to seeing you.



Kagami pond and cloud



Vaccinium Vitas-idaea

Alpine plants in Sugatami



Ezokozakura
(*Primura cuneifolia*
var. *cuneifolia*)



Chinguruma
(*Sieversia*
pentapetala)



Miyamarindou
(*Gentiana*
nipponica)

We recommend you to bring :

※ Highly recommended to take rain wear, to be prepared for sudden change of the weather on the mountain.



Sunglasses



Hat



Trekking poles



Water



Jackets



Rain Boots

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Asahidake Onsen

Trails · Alpine plant botanical garden · Onsen · Campsite

From July 1st, parking at the Asahidake Visitor Center and the Asahidake Ropeway parking lot has started to charge 500 yen. The third parking lot near the Asahidake campground, which is about a 10-minute walk from the ropeway, can be used free of charge.



Cornus canadensis

Tenninkyō

Hagoromo waterfall · Columnar joint · Foot bath · Onsen

The path way to Hagoromo waterhall in Tenninkyō will be closed in 2024, due to demolition of the abandoned buildings.

The trailheads to Takimidai and Kaundake are available. Tennyō footbaths are also available.

Please also use the day spa at Shikishimasō.



Tennyō Footbath



Columnar joint

Informations of Ropeway



Asahidake ropeway



Daisetsuzan Nature School