

Asahidake & Tenninkyō Nature Letters

Sugatami Trail

At 1.7km, most visitors can hike in an hour

The color of the plantation is starting to change with the decreasing temperature in September. The autumn leaves seem to be later than last year, but Aleutian Aven in Susoaidaira are getting red already. It might be easier to see Chipmunks on Sugatami trail, but sometimes rare species will also show their face. The Ezo stoat in the picture was taken just in front of the Sugatami station.

Alpine plants in Sugatami



Ezo-Oyama-Rindou
(*G. t. var. j. f. montana*)



Shiratanonoki
(*Gaultheria pyroloides*)



European Goldenrod
(*S. virgaurea var. asiatica*)

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We recommend you to bring

※Rainwear is recommended, mountain weather changes quickly.

「Flowers of Sugatami」 is on sell!



Flower guide



Sunglasses



Hat



Trekking poles



Water



Jacket



Hiking boots



Aleutian Aven in Susoaidaira



Ezo Stoat



Mt. Asahidake from the first observation platform

Asahidake Onsen

Trails • Alpine Botanical Garden • Onsen • Campsite



The Trailhead



Cow vetch

Tenninkyō

Hagoromo Waterfall • Columnar joint • Foot bath • Onsen

Hagoromo Waterfall is on the list of "Top 100 waterfalls in Japan" and also the highest waterfall in Hokkaido. The falling foliage is telling the fall is coming. Ezo Monkshood is blooming on the side of the trail.

After having the trail, please also enjoy the Footbath.

★The temporary toilet is set in the Parking lot.



Ezo Monkshood
(*A. sachalinensis ssp. yezoense*)



Hagoromo Waterfall

Ropeway Information



Asahidake ropeway



Daisetsuzan Nature School

The trail from the visitor center through Tennyogahara to Sugatami is well maintained. The inter-high school competition on hiking in August was also using this trail. The flowers of Cow vetches are blooming beautifully.