

Asahidake

There is a hint of autumn in the air with a cool bite to the wind and the first splashes of autumn colour can be seen in the alpine flowers and berries. See if you can find the white Gentians nestled amongst their Royal Blue cousins.



『Asahidake reflected in Kagami (mirror) pond』



『Royal blue gentian』



『Cowberry and Japanese Crowberry berries』

Make sure to look down and see the flowers and berries at your feet. Please take care not to step on them or step outside the ropes.

Sugatami area alpine plants



Gentiana nipponica



Royal blue gentian



Tilingia ajanensis



Miyama Goldenrod

Asahidake Onsen Area



『Oval-leaf blueberry』



『Higashikawa Camp Road』

There are also berries in fruit at the Asahidake Youth Campsite, as well as dragonflies buzzing above your head. Local school children recently cleared a new trail, named the Higashikawa Camp Road, be sure to check it out.

Tenninkyou



『Viburnum furcatum』



『Eupatorium glehnii』

Hagoromo waterfall sits at the end of the walking path. There is also a foot onsen at the carpark and the onsen in Shikishima-sou is open.

Note: There is no toilet at Tenninkyou.

Sugatami Walking Trail Information

Average temperature in early September 9-16°C

※旭岳自然保護監視員記録より

☆We recommend rainwear and rubber boots on wet days.



Hiking boots



Trekking Poles



Jacket



Plant encyclopedia



Drink

Asahidake Ropeway Schedule

29/8~30/9

Weekdays 6:30~17:30

Weekends 6:00~17:30



Every 20 minutes.