

Asahidake

The Aleutian Avens (Chinguruma, *Sieversia pentapetala*) are reaching their peak at Asahidake. You can see them in all stages of bloom, with those that flowered early becoming fluffy. If you are lucky you might also see a large finch known as the Pine grosbeak (Ginzanmashiko), a local celebrity.



『A carpet of Aleutian Avens』



『Aleutian Avens』



『Pine grosbeak ♂』

Don't forget to look down to see the beautiful alpine flowers at your feet and take care not to step on them while on the trail.

Alpine flowers currently blooming in the Sugatami Area



Iwabukuro



Labrador tea



Mountain heath

Asahidake Onsen Area



『Pink Wintergreen (*Pyrola incarnata*)』



『Keyflower (*Dactylorhiza aristata*)』



『*Prunella vulgaris* var. *aleutica*.』

There are also lots of plants flowering at the Asahidake Youth Campsite. The walking trails there are free to use and definitely worth visiting to take in the plants and flowers.

Tenninkyō



『Hagoromo Waterfall』
(Photo: 12th July)

At this time of the year, Hagoromo waterfall is in full flow and wild grasses are flowering along the trail.

Sugatami Walking Trail Information

Normal temperature in mid July : 12~22°C

※ From Asahidake Shizen Hogokanshiin Records

★ Recommended equipment



Hiking boots



Trekking Poles



Sunglasses



Plant Encyclopedia



Water

Asahidake ropeway schedule



From 4th July:
Every 20 minutes
6:30 ~ 17:30

The special offer for Hokkaido residents is running until the 31st of July!

★Don't forget your rainwear when there is rain forecast. Rubber boots are also recommended.